Menu for Sandman School

Breakfast Served Daily in Classroom. Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice & Cheese Stick



2017 (5/29 - 6/14) Don't forget to get your exercise in this summer and eat healthy!

Monday 5/29	Tuesday 30	Wednesday 31	Thursday 6/1	Friday 2
***** MEMORIAL DAY ***** Schools Closed	Popcorn Chicken Cheeseburgers *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad	Ham & Cheese On a Pretzel Bun Cheeseburgers *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad	Plain or Cheesesteak Cheeseburgers *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad	* Pizza Cheeseburgers *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad
Oriental Chicken Over Rice BBQ Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad	Pancakes BBQ Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar	6 th Beach Day 7 Hot Dogs BBQ Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar	Taco Day BBQ Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar	*Mozzarella Sticks BBQ Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar
Early Dismissal 12 Hamburgers or Cheeseburgers Cook's Choice *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad	Early Dismissal 13 Ham & Cheese On a Pretzel Bun Cook's Choice *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad	Early Dismissal 14 Cook's Choice Assorted Cold Sandwiches and Salads	Summer Vacation	16
12	13	SCHOOL CLOSED FOR THE SUMMER	15	16

Denotes Vegetarian Items (At least 2 served daily)

*Monthly Lunch Ticket Sales – 1st Monday of the Cycle!

Menu for Maud Abrams School

Breakfast Served Daily in Classroom.
Includes: Choice of Whole Grain
Cereal or Muffin,
Milk, Fruit & Cheese Stick



Don't forget to get your exercise in this summer and eat healthy!

2017 (5/29 - 6/14)

				(3/29 - 6/14)					
Monday	5/29	Tuesday	30		31	Thursday	6/1	Friday	2
Popcorn Chicken Buffalo Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Salad *Vegetarian Caesar Salad		rt lad	Ham & Cheese On a Pretzel Bun Buffalo Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Sala *Vegetarian Caesar	ad	Plain or Cheese Buffalo Chick *Cereal with Yo *PBJ Sandwi Chicken Caesar *Vegetarian Ca	ken ogurt ich Salad	* Pizza Buffalo Chi *Cereal with You *PBJ Sandwid Chicken Caesar *Vegetarian Ca	ogurt ch Salad	
Oriental Ch Over Ric BBQ Chic *Cereal with *PBJ Sand Chicken Caesa *Vegetarian Cae	ce ken Yogurt lwich ar Salad	Pancakes BBQ Chicken *Cereal with Yogur *PBJ Sandwich Chicken Caesar Sal *Vegetarian Caesa	lad	Taco Day BBQ Chicken *Cereal with Yogurt *PBJ Sandwich Chicken Caesar Sala *Vegetarian Caesar	ad	Green & W Day	8 /hite	*Mozzarella S BBQ Chicke *Cereal with Yi *PBJ Sandw Chicken Caesar *Vegetarian Ca	ticks en ogurt ich Salad
Early Dismiss: Hamburge Cheesebur Cook's Ch *Cereal with *PBJ Sand Chicken Caes: *Vegetarian Cae	rs or rgers loice Yogurt lwich ar Salad	Early Dismissal Ham & Cheese on Pretzel Bun Cook's Choice *Cereal with Yogur *PBJ Sandwich Chicken Caesar Sal *Vegetarian Caesa	rt lad	Early Dismissal Cook's Choice Assorted Cold Sandwiches and Salads	14	Summer Vacation	15		16
	12		13	SCHOOL CLOSED FOR THE SUMMER	14		15	SUNC	16

Denotes Vegetarian Items (At least 2 served daily)

Menu for Mitnick School

Breakfast Served Daily in Classroom. Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice & Cheese Stick



2017 (5/29 - 6/14) Don't forget to get your exercise in this summer and eat healthy!

Monday 5/29	Tuesday 30	Wednesday 31	Thursday 6/1	Friday 2
**** MEMORIAL DA *** ** ** ** ** ** ** ** **	Popcorn Chicken *Cereal with Yogurt *PBJ Sandwich	Plain or Cheesesteak *Cereal with Yogurt *PBJ Sandwich Turkey & Cheese Sand Chicken Caesar Salad *Vegetarian Caesar	Ham & Cheese On a Pretzel Bun *Cereal with Yogurt *PBJ Sandwich Turkey & Cheese Sand Chicken Caesar Salad *Vegetarian Caesar	* Pizza *Cereal with Yogurt *PBJ Sandwich Turkey & Cheese Chicken Caesar Salad *Vegetarian Caesar
Hot Dog on a Bun *Cereal with Yogurt *PBJ Sandwich Ham & Cheese Sand Chicken Caesar Salad *Vegetarian Caesar Salad	Pancakes *Cereal with Yogurt *PBJ Sandwich Ham & Cheese Sand Chicken Caesar Salad *Vegetarian Caesar	7 BBQ Chicken Strips *Cereal with Yogurt *PBJ Sandwich Ham & Cheese Sand Chicken Caesar Salad *Vegetarian Caesar	*Mozzarella Sticks *Cereal with Yogurt *PBJ Sandwich Ham & Cheese Sand Chicken Caesar Salad *Vegetarian Caesar	Early Dismissal 9 *Chicken Nuggets *Cereal with Yogurt *PBJ Sandwich Ham & Cheese Sand Chicken Caesar Salad *Vegetarian Caesar
Early Dismissal 12 Hamburger or Cheeseburger *Cereal with Yogurt *PBJ Sandwich Cook's Choice Chicken Caesar Salad *Vegetarian Caesar Salad	Ham & Cheese On a Pretzel Bun *Cereal with Yogurt *PBJ Sandwich Cook's Choice Chicken Caesar Salad	Early Dismissal 14 Cook's Choice Assorted Cold Sandwiches and Salads	Summer Vacation	16
	9 20	SCHOOL CLOSED FOR THE SUMMER	22	23

Denotes Vegetarian Items (At least 2 served daily)

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Menu for Memorial School

Breakfast Served Daily in Classroom. Includes: Choice of Cereal or Muffin, Milk, 100% Fruit Juice & Cheese Stick



(5/29 - 6/14)

Don't forget to get your exercise in this summer and eat healthy.

Monday	5/29	Tuesday	30	Wednesday	31	Thursday	6/1	Friday	2
* ***	₹ ★	Popcorn Chicker		Macaroni & Che		Ham & Chee On a Pretzel I		*Pizza	Sec. 1
MEMORIA	T DAV	Bread & Butter Golden Sweet Co			Bread & Butter Garden Green Beans			Crispy Celery S Choice of Fr	
		Choice of Fruit		Choice of Fru		Cool Cucumber Slices Choice of Fruit		Choice of Fi	uit
****	₹★★	Choice of Fruit		Choice of Fra	IL	Choice of th	uit		
Schools Clo	osed	*PBJ Sandwich		*PBJ Sandwic	•h	*PBJ Sandwi	ich	*PBJ Sandw	ich
		*Cereal with Yogu		*Cereal with Yo		*Cereal with Yo		*Cereal with Yo	
	5	oo.oa oga	6	00.00	7	00.00	8	Early Dismissa	
Hot Dog on a	Bun	French Toast Stick	ks	BBQ Chicken St	rips	*Mozzarella St	ticks	Chicken Nug	nets
Crunchy Carrot		Sausage		Potatoes		Popeye Spina		Bread & But	
Choice of F		Hashbrowns		Choice of Fru	it	Choice of Fr	uit	Golden Sweet	
		Choice of Fruit						Choice of Fr	uit
*PBJ Sandw	vich	*PBJ Sandwich		*PBJ Sandwic	h	*PBJ Sandwi	ich	*PBJ Sandw	ich
*Cereal with Y	ogurt /	*Cereal with Yogu	ırt	*Cereal with Yo	gurt	*Cereal with Yo	ogurt	*Cereal with Yo	ogurt
Early Dismissa	l 12	Early Dismissal	13	Early Dismissal	14		15		16
Hamburger		Ham & Cheese		Bologna & Che	ese				
Cheeseburg		On a Pretzel Bur		Sandwich					
Tator Total	-	Crunchy Carrot Stic		Choice of Veget		Compagn			
Garden Green		Choice of Fruit		Choice of Fru	it	Jammer /			No
Choice of F	ruit					Vacation			
*PBJ Sandw	vioh					The state of the s		YELD	2
*Cereal with Y		*PBJ Sandwich		*PBJ Sandwic	·h				~
October with 1	oguit	*Cereal with Yogu		*Cereal with Yo					
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Denotes Vegetarian Items (At least 2 served daily)

Menu for West Cape May School

Breakfast Served Daily in Classroom.
Includes: Choice of Cereal or Muffin,
Milk, 100% Fruit Juice & Cheese Stick



2017 (5/29 - 6/14) Don't forget to get your exercise in this summer and eat healthy.

Monday 5/29	Tuesday 30	Wednesday 31	Thursday 6/1	Friday 2
Popcorn Chicken *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salac Vegetarian Caesar Salad Schools Closed		Ham & Cheese On a Pretzel Bun *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	Plain or Cheesesteak *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	* Pizza *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad
5 Oriental Chicken Over Rice *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	6 French Toast Sticks Sausage & Hashbrowns *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	7 Hot Dogs *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	7aco Day Taco Day *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	9 *Mozzarella Sticks *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad
Hamburgers or Cheeseburgers *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	Ham & Cheese On a Pretzel Bun *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	Turkey & Cheese Sandwich *PBJ Sandwich *Cereal with Yogurt Chicken Caesar Salad Vegetarian Caesar Salad	Sunner Vacation	16
19	20	SCHOOL SCHOOL CLOSED FOR THE SUMMER	22	23

^{*} Denotes Vegetarian Items (At least 2 served daily)

Adult Menu





2017 (5/29-6/14)

Don't forget to get your exercise in this summer and eat healthy.

Monday 5/29	Tuesday 30	Wednesday 31	Thursday 6/1	Friday 2
******* MEMORIAL DAY ****	SPECIAL \$3.60 Buffalo Chicken Roll & Butter Choice of Vegetable Choice of Fruit	SPECIAL \$4.50 Tuna Hoagie Pickle Spear & Chips Fruit & Beverage	SPECIAL \$4.50 Cheesesteak Sandwich Sautéed Onions Pickle Spear & Chips Fruit & Beverage	SPECIAL \$4.50 Turkey & Cheese Hoagie Pickle Spear & Chips Fruit & Beverage
Schools Closed 5	6	7	8	9
SPECIAL \$3.60 Oriental Chicken Over Rice Fruit & Beverage	SPECIAL \$4.50 Cheese .50 Extra Hot Roast Beef au jus On a Kaiser Roll Pickle Spear & Chips Fruit & Beverage	SPECIAL \$4.50 Chicken Salad Platter Roll & Butter Fruit & Beverage	SPECIAL \$4.50 Taco Salad Salsa & Chips Fruit & Beverage	SPECIAL \$4.50 BBQ Pulled Pork on a Sub Roll Pickle Spear & Chips Fruit & Beverage
12 <u>SPECIAL</u> \$4.50 Meatball Sub	13 <u>SPECIAL</u> \$3.60 Ham & Cheese	14 <u>SPECIAL</u> \$3.50 Turkey & Cheese	15	16
With Provolone Cheese Pickle Spear & Chips Fruit & Beverage	On a Pretzel Bun Pickle Spear & Chips Fruit & Beverage	On Whole Grain Bread Pickle Spear & Chips Fruit & Beverage	<u>Vacajion</u>	
19	20	SCHOOL CLOSED FOR THE SUMMER	22	23 SUMMER

* Denotes Vegetarian Items (At least 2 served daily)

Adult Lunch Prices:

10% \$avings!!!!

By purchasing
\$10.00 you get
\$11.00 Credit, a 10%
\$avings!

Unless otherwise posted on individual day: \$3.60 Student Menu \$3.60 Tossed Salad/1pkg. Crackers/Beverage \$1.95 Soup/1pkg. Crackers \$3.60 Student Caesar Salads

\$.50 All Beverages

AM the day before for items available on this menu.

Thank you!

Note:

You must sign up by 9:00

Carl T. Mitnick School
To Our Valued Customers:

The Food Service Department wishes you a happy and healthy summer vacation. We thank you very much for your support this year.

Best Wishes,

Teresa Abrams	Sue Horn	Patti Boyle	Kathy Brooks	Maria Hoff	Brittany DeLano
Sandra Polillo	Hana Gioulis	Fiorella Carroll	Barbara Smith	Alison Mellina	Marcia Delano
	Lisa Tomkinson	Chris Halbruner	Sandi Mantzaris		

Robert Morris, Food Service Supervisor - Jessica Menzano, Food Service Secretary -George Wunder, Food Service Clerk

BREAKFAST PROGRAM

Breakfast is provided every morning to your child at no charge. Included in this meal are milk, fruit, whole grain cereal or muffin, and string cheese. We hope your child participates in this program. Studies show that children who eat breakfast do better in school.

Lunch Ticket Sales

Lunch Tickets are sold the first morning of every week in your child's classroom. The weekly rate for June is:

		Mitnick		
	<u>Full Pay</u>		Reduced Lunch Rate	\ /
5/29 – 6/02	\$10.00	5/30 - 6/02	\$ 1.60	
6/05 - 6/09	\$12.50	6/05 - 6/09	\$ 2.00	
6/12 – 6/14	\$ 7.50	6/12 – 6/14	\$ 1.20	
Monthly Total	\$30.00	Monthly Total	\$ 4.80	

ALL MONETARY BALANCES WILL BE CARRIED OVER TO THE NEXT SCHOOL YEAR.

PRE-PAYING BY CHECK

We recommend that you prepay by check. This speeds up the lunch line and also gives you a record of payment. Please place your check in an envelope. On the envelope write your child's name, teacher, school, amount and account number. Thank you.

Please make check payable to: Lower Twp. Cafeteria Fund PAY PAMS

Pay for your child's meals on-line @ www.paypams.com You will need your child's Student ID #

CREDIT POLICY

Children do forget their lunch money at times. When this happens, they will still be able to have their normal lunch by charging. This charge is expected to be paid the next school day. This privilege is not to be used as a credit line. Please **do not** take advantage of this policy. Children owing money will not be allowed to buy a snack.

Any child owing over \$15.00 will only be able to purchase Peanut Butter and Jelly.

SNACKS

As part of our Healthy Choice Program children will be permitted to purchase only one snack daily.

School Main Office Phone Numbers

 Memorial 884-9430
 Maud Abrams 884-9420
 Cafeteria Office 884-9470 ext 5149

 Mitnick 884-9470
 Sandman 884-9410 (7:00 a.m. – 3:00 p.m.)

A great place for kids to learn and play - http://kidshealth.org/kid/stay_healthy/food/pyramid.html
GREAT NEW PROGRAM "USDA Choose My Plate" - http://www.choosemyplate.gov
Visit our Web site @ www.lowertwpschools.com

Maud Abrams Schools

To Our Valued Customers:

The Food Service Department wishes you a happy and healthy summer vacation. We thank you very much for your support this year.

Best Wishes,

Teresa Abrams	Sue Horn	Patti Boyle	Kathy Brooks	Maria Hoff	Brittany DeLano
Sandra Polillo	Hana Gioulis	Fiorella Carroll	Barbara Smith	Alison Mellina	Marcia Delano
	Lisa Tomkinson	Chris Halbruner	Sandi Mantzaris		

Robert Morris, Food Service Supervisor- Jessica Menzano, Food Service Secretary- George Wunder, Food Service Clerk

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Lunch Ticket Sales

Lunch Tickets are sold the first morning of every week in your child's classroom. The weekly rate for June is:

Maud Abrams

Monthly Total	\$27.50	Monthly Total	\$ 4.40	/ \
6/12 – 6/14	\$ 7.50	6/12 – 6/14	\$ 1.20	
6/05 — 6/09	\$10.00	6/05 - 6/09	\$ 1.60	70)
5/29 - 6/02	\$10.00	5/29 - 6/02	\$ 1.60	
	<u>Full Pay</u>		Reduced Lunch Rate	

ALL MONETARY BALANCES WILL BE CARRIED OVER TO THE NEXT SCHOOL YEAR.

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Visit our Web site @ www.lowertwpschools.com

To Our Valued Customers: Sandman Consolidated School

The Food Service Department wishes you a happy and healthy summer vacation. We thank you very much for your support this year. To our graduating 6th graders, good luck at Richard M. Teitleman School next year. We know you will make us proud.

Best Wishes.

Teresa Abrams	Sue Horn	Patti Boyle	Kathy Brooks	Maria Hoff	Brittany Delano
Sandra Polillo	Hana Gioulis	Fiorella Carroll	Barbara Smith	Alison Mellina	Marcia Delano
	Lisa Tomkinson	Chris Halbruner	Sandi Mantzaris		

Robert Morris, Food Service Supervisor - Jessica Menzano, Food Service Secretary - George Wunder, Food Service Clerk

BREAKFAST PROGRAM

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Lunch Ticket Sales

Lunch Tickets are sold the first morning of every week in your child's classroom. The weekly rate for June is:

Sandman

	<u>Fu</u>	ll Pa <u>y</u>	Reduced Lunch Rate		
	Grade 5	Grade 6		Grade 5	Grade 6
5/29 - 6/02	\$10.00	\$10.00	5/29 – 6/02	\$ 1.60	\$ 1.60
6/05 - 6/09	\$12.50	\$10.00	6/05 - 6/09	\$ 2.00	\$ 1.60
6/12 – 6/14	\$ 7.50	\$ 7.50	6/12 – 6/14	\$ 1.20	\$ 1.20
Monthly Total	\$30.00	\$27.50	Monthly Total	\$ 4.80	\$ 4.40

LUNCH ACCOUNT REFUNDS WILL BE MADE TO ALL SIXTH GRADERS ON THE LAST DAY OF SCHOOL. FIFTH GRADE BALANCES WILL BE CARRIED OVER TO THE NEXT SCHOOL YEAR.

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SNACKS

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 (7:00 a.m. – 3:00 p.m.)

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GREAT NEW PROGRAM
"USDA Choose My Plate"
- http://www.choosemyplate.gov
Visit our Web site
www.lowertwpschools.com

Menu Subject to Change

To Our Valued Customers: MEMORIAL SCHOOL

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Best Wishes.

Teresa Abrams	Sue Horn	Patti Boyle	Kathy Brooks	Maria Hoff	Brittany Delano
Sandra Polillo	Hana Gioulis	Fiorella Carroll	Barbara Smith	Alison Mellina	Marcia Delano
	Lisa Tomkinson	Chris Halbruner	Sandi Mantzaris	Sarah Piccioni	

Robert Morris, Food Service Supervisor - Jessica Menzano, Food Service Secretary - George Wunder, Food Service Clerk

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Memorial

	<u>Full Pay</u>		Reduced Lunch Rate
5/29 – 6/02	\$10.00	5/29 - 6/02	\$ 1.60
6/05 - 6/09	\$12.50	6/05 - 6/09	\$ 2.00
6/12 – 6/14	\$ 7.50	6/12 – 6/14	\$ 1.20
Monthly Total	\$30.00	Monthly Total	\$ 4.80



ALL MONETARY BALANCES WILL BE CARRIED OVER TO THE NEXT SCHOOL YEAR.

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Pay for your child's meals on-line @ www.paypams.com You will need your child's Student ID #

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SNACKS

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 Cafeteria Office
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 Mitnick
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Visit our Web site @ www.lowertwpschools.com